



STRIVE ALWAYS

# Five fun activities

to do with the kiddios during Lockdown...  
(Ramadan edition)



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Note to reader:

As salaam aleykum, We hope you are in good health and emaan during these unprecedented times. As the Covid-19 pandemic continues and having just entered the blessed month of Ramadan - We have created five fun activities for you to do with your child at home.

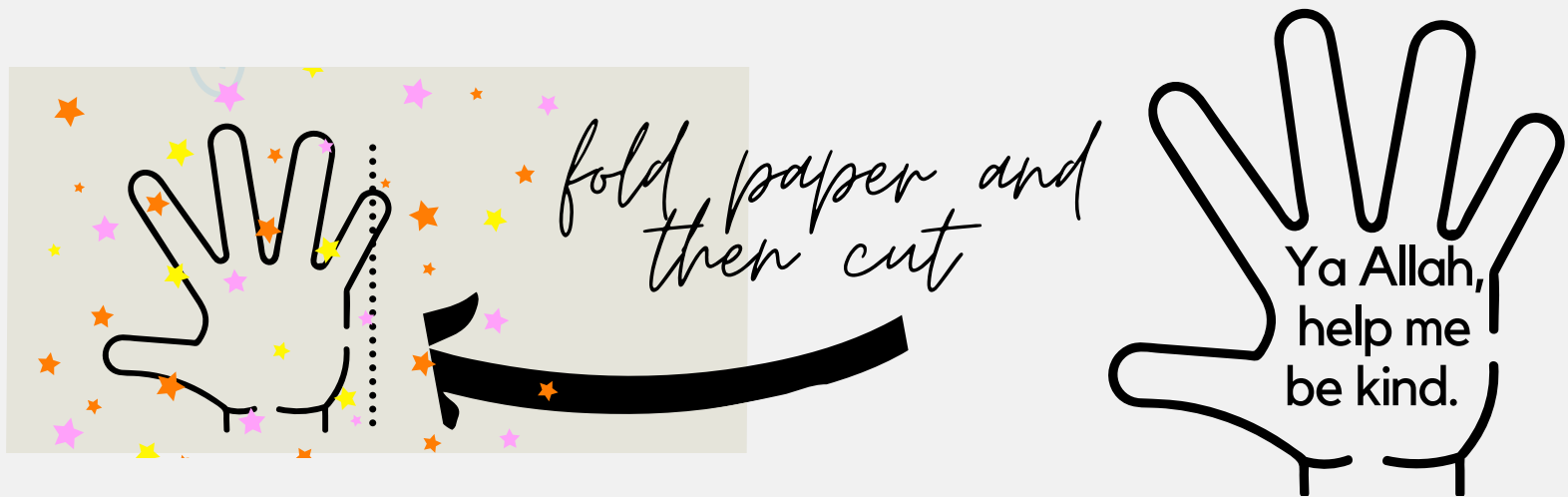
Why not make lockdown a memorable experience? One that is exciting, insightful and and engages your child be more in touch with our beautiful Deen, Islam.

Strive Always is a platform for sisters to come together and help one another. To find out more and to support us, follow us on Instagram @strivealways. Our email is: ask.strivealways@gmail.com

May Allah bless you.

# Activity #1: *Dua Hand*

A simple yet fun way to get your child engaged with a fun activity during this **Ramadan**. Make a **dua hand** and ask your child what they would like to wish for. Help them to write it down! Don't forget to add some sparkles and extra fun bits to make it even more **exciting!**



## Activity #2: *Names of Allah*

How many **names of Allah** does your child know? During Ramadan and this current Covid-19 Pandemic introduce to your child the **names of Allah** that relate to this current situation! The names of Allah: **Ar-Rahman** (The Al Merciful) **As-Salaam** (The giver of peace) **Al-Baseer** (The giver of Protection) **Ash-Shakur** (The greatful) **Al Wadud** (The loving) are just some of the many names of Allah that you can use.

Allow your children to fall in love with the names of Allah!



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Please note: All the names of Allah relate to this current situation. The key here is to relate some names to Ramadan, such as how Allah is Ash Shakur and how he loves those whom are greatful.

## Activity #2: *Names of Allah*

Now that you have chosen which names of Allah to use ...do this:

1. Write them down on a piece of paper and hide the names around the home, in a place that relates to the name. For example, placing the name 'Ar-Razzaaq' next to water.



2. Set a five minute timer so it creates a sense of urgency and gets your Childs adrenaline going!

3. Write a matching description on a piece of paper so your child can pair the name with the meaning.

**Pick 3-4 names of Allah every day of Ramadan! You could even do a role play with your partner and act out someone being grateful!**

## Activity #3: *Let's get fruity!*

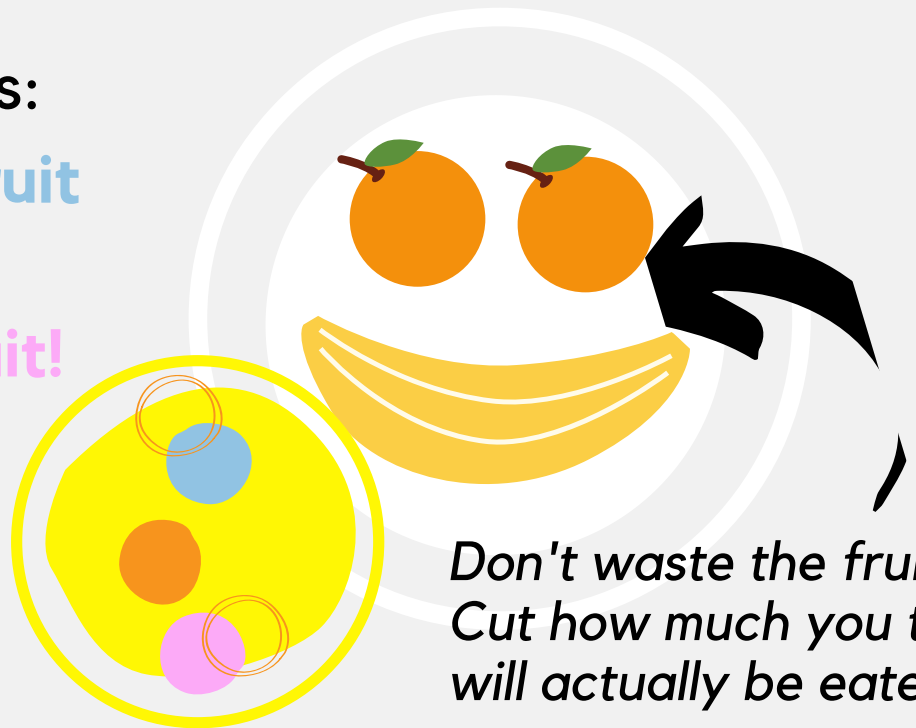
It's almost iftaar time and you want to get the food ready. Why not get your child involved? 20 minutes before iftaar time make sure you have pre-cut some fruit (not too much) and leave your child to make whatever they want.

Here are some ideas:

Colour matching fruit

Zig Zag Fruit

Make a face of fruit!



*Don't waste the fruit!  
Cut how much you think  
will actually be eaten.*

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## Activity #4: *Ramadan Mosque*

You are probably missing that mosque tarawih feeling. Most likely, your child may also be feeling this way. Create a pretend mini mosque and add some mini prayer mats!

**You can use:**

- 1. 2/3 chairs**
- 2. A shiny Blanket**
- 3. Mini Prayer mats**

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## Activity #5: *Cup of gratitude*

How often do you discuss **gratitude** with your child?

Have you asked what they are grateful for and what it means to be grateful? If not, try this short activity.

In a group of 2/3/4 get the correct amount of cups and each of you must write down what you're grateful for. Fold it and then pass it to the person next to you.

Take it in turns so everyone gets to hear each others speech.



*for health*





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